



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF AUBURN-LEWISTON SUMMER CAMP GUIDE 2021



EXPERIENCE MORE
JUNE–AUGUST

Y SUMMER CAMP & CIT PROGRAM
YMCA OUTDOOR LEARNING & EDUCATION CENTER

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SUMMER FUN AT
Y SUMMER CAMP AT OLEC



WHY THE Y? Because we're changing lives for the better! Deeply rooted in community, the YMCA of Auburn-Lewiston is made up of people of all ages, faiths, and abilities, all working side-by-side to ensure that everyone, regardless of gender, race, income, or background, has the opportunity to live life to its fullest. When you're involved with the Y, you help bring about lasting personal and social change that will positively impact you, your family, and your community.

We provide opportunities to nurture every youth and teen and believe all kids deserve the opportunity to discover who they are and what they can achieve. Through the Y, millions of youth are cultivating values, skills, and relationships that lead to positive behaviors, better health, and educational achievement.

A MESSAGE FROM OUR CAMP DIRECTOR

Hello,

My name is Jaime O'Connor, and I am the Director of the Outdoor Learning and Education Center and Y Summer Camp at OLEC. I have over 20 years' experience working at day and overnight camps in both Maine and Rhode Island.

Due to the pandemic, we did not offer Y Summer Camp at OLEC during the 2020 summer. Instead, we offered a hybrid program at the Y for a smaller number of campers. We are looking forward to offering Y Summer Camp at OLEC this summer.

We have a lot of new and exciting things planned for another safe, fun-filled summer. We are making facility improvements and adding new elements to program areas. In addition to an awesome line-up of theme weeks, our campers will have an opportunity to do activities, such as aquatics, arts n' crafts, outdoor life, GaGa, low ropes, sports, camp games and many more.

At Y Summer Camp at OLEC, we are committed to help our campers learn valuable skills, create positive friendships and experiences based on our core values of caring, honesty, respect, and responsibility.

This brochure will provide you with useful information and will guide you to the best camp option for your child. If you have any questions, please feel free to contact me.

Looking forward to best summer ever!

CAMP FACTS FROM 2019

- Average Camper Age: 8.5 years old
- Served 148 Camper Families
- Average Number of Weeks Campers Registered for Camp: 4.5 weeks
- We had 30 staff this summer
42% returning staff
- GaGa Ball was the #1 Program Area of the Summer
- We had 70 campers from Auburn and 79 campers from Lewiston, plus other cities & towns!



#CampLife



#FamilyLife



Y SUMMER CAMP

GRADES

1-8

THE BEST SUMMER EVER

Y Summer Camp is the YMCA's co-ed day camp located at the Y's 93-acre Outdoor Learning and Education Center (OLEC) on Stetson Rd. in Auburn, ME.

It has given (my camper) confidence to try new things. He is even going in the pool. Last week he told me he thinks he is turning into an outdoor kid. Music to my ears!



#Basketball

OLEC boasts a large playing field, wooded areas, a brook, and more to provide memories and powerful reminders of the emotional, physical, and spiritual benefits that come from interacting with nature.

At Y Summer Camp, character-building is part of all activities, which include teambuilding, cooperative games, outdoor sports, and traditional camp activities like arts n' crafts, aquatics, environmental education, and archery. Our program is licensed by the State of Maine, and campers will learn new skills and make new friends while having a fun and safe summer at camp.



WEEKLY SESSION	SESSION DATES	WEEKLY THEMES
Session 1	June 21-June 25	Summer Fun
Session 2	June 28- July 2	Stars n' Stripes
Session 3	July 5-July 9	Wizarding World
Session 4	July 12- July 16	Red Carpet
Session 5	July 19- July 23	Camp Olympics
Session 6	July 26- July 30	Shark Week
Session 7	Aug. 2- Aug. 6	Disney Week
Session 8	Aug. 9- Aug.13	Superhero Week
Session 9	Aug. 16-Aug. 20	Carnival

CAMPER GROUPS



CHIPMUNKS
Grade 1



SQUIRRELS
Grades 2-3



WOODCHUCKS
Grades 4-8



We are a homeschooling family and the girls have never been left with anyone that wasn't a close family friend or family. I was worried that they wouldn't have a good time, but they absolutely enjoyed every single day and are bummed it is over. I can't tell you how thankful I am for the financial assistance that afforded to us to be able to give them this experience. Thank you for doing your best to include everyone in



#BrookFun



This summer was great! I can't wait to see this camp grown and expand into something really special!



CIT PROGRAM

GRADES
9-10

Teens are a valuable part of our community!

The Y Summer Camp at OLEC's Counselor-In-Training (CIT) Program provides leadership training for teens. In effect, CITs stand on a bridge between camper and staff and gain valuable counseling skills needed to ensure a smooth transition to future staff positions.

The CIT program is for those interested in helping to bring the magic of camp to our campers. There is an expectation of increased maturity and ability to be a positive role model. CITs are monitored and evaluated by all staff as a basis for future hiring.

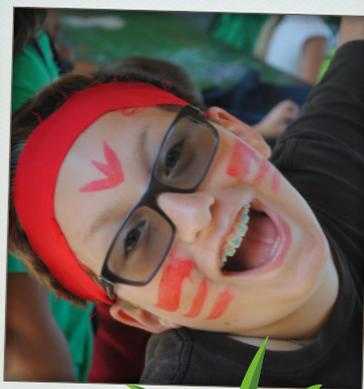
CITs walk away with:

- Experience facilitating group activities
- Outdoor leadership skills
- Confidence and leadership experience
- The opportunity for American Red Cross CPR/First Aid Certification Classes

HOW TO APPLY

All teens interested in the CIT program must complete a separate application and will be contacted for an interview before being accepted into the program. Once approved, CITs can register for any number of our weekly sessions.

CIT Applications can be picked up at the YMCA or downloaded from our website: www.alyymca.org



MEET THE STAFF

As a provider of children's programs, the YMCA screens and trains all staff and volunteers. Y Summer Camp is a licensed day camp facility by the state of Maine. Our program enriches the lives of hundreds of children each year, and the safety of every child is a top priority for us.

To help ensure that your child(ren) are safe and have an enjoyable summer camp experience, our staff go through an interview process and background checks. All volunteers are also subject to a background check. In addition, all staff members complete the following trainings and certifications

- CPR/First Aid
- Lifeguard certification OR a basic water rescue class
- Child Abuse and Prevention training
- Bullying Prevention Program
- Wilderness First Aid (Camp Directors)

MEET ALLY

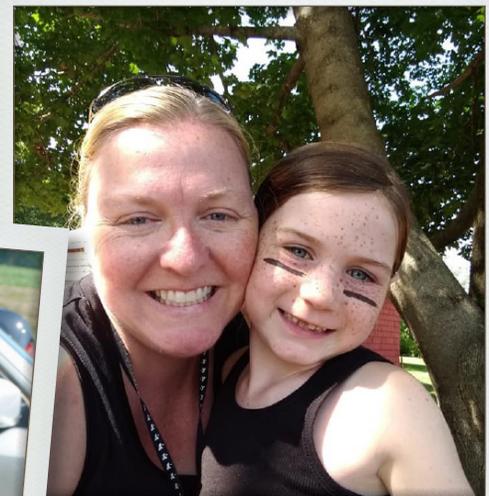
Asst. Camp Director and Sports Coordinator

When she's not organizing games out at OLEC, Ally can be found at the YMCA as our Director of Youth Sports. Ally graduated from Thomas College with a bachelor's degree in Sports Management where she played both softball and field hockey. With over 10 years' experience with kids and youth sports, Coach Ally is our go-to gal for action packed fun!

- * Level 1 USA Archery Instructor
- * Wilderness First Aid Certified
- * Low Ropes Certified

Super Powers: Can balance a field hockey stick on her big toe.

Fun Fact: Has some pretty impressive dance moves!



MEET JAIME

Director of OLEC and Y Summer Camp

With over 20 years experience in both day and overnight camps, Jaime brings fun, safety, and hopefully lots of sun to the Y's Outdoor Learning & Education Center! Before coming to the YMCA of Auburn-Lewiston, she worked at Camp Ketcha (day camp), the YMCA Camp of Maine, and YMCA Camp Fuller (overnight). She lives in Auburn with her husband, two kids, and a cat named Joey. In her spare time, Jaime enjoys skiing, camping with her family in Maine and traveling abroad

- Member of the American Camping Association (ACA) and participated in two committees (*Emerging Camp Professionals and Membership*)
- Presented at the ACA New England Camping Conference in Manchester on three occasions
- Level 2 USA Archery Certified/ Level 1 Instructor
- American Red Cross Instructor for First Aid, CPR, and Babysitting
- Wilderness First Aid Certified
- Lifeguard Certified

Super Powers: Can dance the Irish jig to any genre of music.



CAMP INFO, POLICIES, & EXPECTATIONS

ARRIVAL

Our summer camp offers FREE pre and post-camp care **at OLEC**, from 7:00-9:00 a.m. and 4:00-5:30 p.m. Parent/Guardian must stop at the program office and "sign in" or "sign out" any camper(s) **at OLEC**.

SIGN IN/SIGN OUT

All campers must be signed in and out daily by an authorized person. Photo ID's will be required. Please remind other authorized pick-ups, including social workers, that they will need to bring a photo ID with them, as well.

ABSENCES & APPOINTMENTS

If your child is not going to attend camp for the day, please report his/her absence by 9:00 a.m. to the camp office @ 207-241-0075. If your child will be leaving early or has to leave for an appointment, please notify the staff member at check in on what time and who will be picking up your child in writing.

LUNCH

Free Lunch is provided thanks to the Auburn School Department. If your child prefers to have a lunch packed from home, please do not send any food that needs to be refrigerated or microwaved. Please be sure to bring a re-fillable water bottle every day.

PARENT VISITS

Usually, we have an open door policy for visiting at camp, however this summer we are restricting non-essential visitors. If you do stop by, please make sure you check in at the office!

SWIMMING

Campers will have the opportunity to swim while at Y Summer Camp. For their safety, all campers will be swim tested. While swim activities are not required, we strongly encourage all campers to participate. We will not be offering swim lessons during the 2021 summer.

RAINY DAYS

On rainy days we will do as much activity outside as we can, or in the group tents. In the event of thunderstorms or unsafe conditions, campers may be bused to the YMCA.

BULLYING

At Y Summer Camp, bullying is inexcusable, and we have a firm policy against all types of bullying. Each camper is expected to treat all other campers with respect and to help each other have the best possible experience. Our Camp Director addresses all incidents of bullying and trains staff to create a safe and welcoming environment for all.

MEDICATION

Medication must be brought in its original container, allowing for proper identification and dosage, as required by the state. Please leave all medications with a director at the YMCA, or drop off at the camp office. Campers should not have any type of medication with them.

CAMPER CONDUCT & DISCIPLINE PROCEDURES

The staff governs the behavior of each child and attempts to work through conflicts and problems as they occur. A camper who displays negative behavior can affect the experience of other campers and staff. Campers who are disruptive, display inappropriate behavior, or require an undue amount of disciplinary attention will meet with the Camp Director to evaluate their behavior. Parents will be notified of any misconduct or discipline problems. It will be the parent's responsibility to arrange transportation for the child if he/she is being sent home due to disciplinary actions.

If an incident occurs that jeopardizes a camper's safety, the safety of others, or is not in accordance with the mission of the YMCA, camp staff will address and document the issue directly with the child and take the following steps.

1. First Violation: The child may be removed from an activity for the day, such as swimming, free time, etc. Parents will be contacted during the day or at the end of camp depending on the time and severity of the incident.
2. Second Violation: The parent/guardian will receive a phone call and may be asked to pick up their child within the hour. The child may or may not be allowed to attend camp the next day that he/she is registered for.
3. Third Violation: Parents may be contacted immediately to pick up their child from camp. The child will be suspended for the day or week that he/she is registered for depending on the severity of the incident.
4. Fourth Violation: Child will be dismissed from camp for the remainder of the program.

*Please Note: We reserve the right at any time to dismiss your child from the program immediately if we deem unsafe placement due to environment, physical, emotional, or other harm to themselves, other children, and staff.

HEALTHY CAMPERS

If your child contracts anything that may be contagious please let us know. Your name will be kept confidential, but we are required to post anything contagious.

If your child shows any sign of illness, rash, high temperature, diarrhea, infection, lice, or any contagious diseases, the parent/guardian will be called and expected to pick up the child within one hour.

While camp staff does their best to prevent any sort of injuries, sometimes they do happen. Moderate injuries will be communicated to the parent once proper first aid has taken place. If severe injuries need higher medical attention, the parent/guardian will be contacted immediately.

COMMUNICATION - Questions or concerns? Need to report an absence? Give us a call!

OLEC: 207-241-0075

Messages can be received at the camp office Monday-Friday between 8:00 a.m.-4:30 p.m.

Or email at camp@alymca.org



2021 REGISTRATION FORM Y SUMMER CAMP AT OLEC



CAMPER'S INFORMATION

First Name: _____ Last Name: _____
Date of Birth: ____/____/____ Male Female
Home Address: _____ Town: _____
State: _____ Zip: _____
School: _____ Grade Entering: _____

PARENT/GUARDIAN #1 INFORMATION

First Name: _____ Last Name: _____
Email: _____
 Check here if home address is the same as Camper
Home Address: _____ Town: _____
State: _____ Zip: _____
Cell Phone: _____ Home Phone: _____ Work Phone: _____
Relationship to Camper: _____ Custodial Parent? Yes No

PARENT/GUARDIAN #2 INFORMATION

First Name: _____ Last Name: _____
Email: _____
 Check here if home address is the same as Camper
Home Address: _____ Town: _____
State: _____ Zip: _____
Cell Phone: _____ Home Phone: _____ Work Phone: _____
Relationship to Camper: _____ Custodial Parent? Yes No

EMERGENCY CONTACTS & AUTHORIZED PICK-UP PERSONS

*Use this area to list the individuals we may contact, in addition to Parent/Guardian, in case of emergency.

1. First Name: _____ Last Name: _____
Cell Phone: _____ Work Phone: _____
2. First Name: _____ Last Name: _____
Cell Phone: _____ Work Phone: _____
3. First Name: _____ Last Name: _____
Cell Phone: _____ Work Phone: _____
4. First Name: _____ Last Name: _____
Cell Phone: _____ Work Phone: _____

IDENTIFICATION REQUIRED For the safety of our campers, all those listed above, including parents/guardians, must be prepared to show photo ID to the staff as your child is signed out.



2021 REGISTRATION FORM Y SUMMER CAMP AT OLEC



Y SUMMER CAMP AT OLEC REGISTRATION (Grades 1-8)

WEEKLY SESSIONS: (Check all that apply)	
<input type="radio"/> Session 1: "Summer Fun" (June 21-25)	<input type="radio"/> Session 6: "Shark Week" (July 26- 30)
<input type="radio"/> Session 2: "Stars n' Stripes" (June 28- July 2)	<input type="radio"/> Session 7: "Disney Week" (Aug. 2-6)
<input type="radio"/> Session 3: "Wizarding World" (July 5-9)	<input type="radio"/> Session 8: "Superhero Week" (Aug. 9-13)
<input type="radio"/> Session 4: "Red Carpet" (July 12-16)	<input type="radio"/> Session 9: "Carnival" (Aug. 16-20)
<input type="radio"/> Session 5: "Camp Olympics" (July 19-23)	

*Please note: Dates may be pushed back due to snow days.

CAMP FEES & PAYMENT INFORMATION

	Session 1	Session 2	Session 3	Session 4	Session 5	Session 6	Session 7	Session 8	Session 9
Y Summer Camp (Y Member)	\$165	\$165	\$165	\$165	\$165	\$165	\$165	\$165	\$165
Y Summer Camp (Non-Member)	\$175	\$175	\$175	\$175	\$175	\$175	\$175	\$175	\$175

DUE WITH REGISTRATION

\$35 non-refundable deposit per session x _____ sessions = \$_____

*Remaining balance for any given session due two weeks prior to the start of that session OR Pay in Full

PAYMENT METHOD

- Check (payable to YMCA of Auburn-Lewiston)
- Please call to pay with Credit Card. (207-795-4095) Your child's spot WILL NOT be secured until deposit is received.
- Applying for Financial Assistance which is available to those who qualify based on financial need. Funds are allocated early so apply now. Applications are available at the YMCA Welcome Center and on the Y's website.

COUNSELOR IN TRAINING (GRADES 9-10) REGISTRATION

All teens registering for the Counselor In Training program must fill out a separate application and will be contacted for an interview before being accepted into the program. Once approved, CITs can register for any number of our weekly sessions.

CIT Applications can be picked up at the YMCA or downloaded from our website.
(www.alyymca.org/summer-camp/counselor-in-training-program)

Completed applications should be dropped off at the YMCA, 62 Turner St, Auburn, ME OR emailed to Jaime O'Connor at joconnor@alyymca.org.

The CIT program is not for everyone- candidates must be ready and willing to put the needs and interests of campers ahead of their own.

CITs will meet every day with the CIT Director and/or Day Camp Director. Topics include orientation of camp, emergency procedures, camp policies, child abuse prevention, age appropriate discipline etc. CITs will spend the rest of the day shadowing counselors and working with a group of campers. CIT curriculum and program goals will be met weekly.



2021 HEALTH FORM Y SUMMER CAMP AT OLEC



MEDICAL INFORMATION

Preferred Hospital: CMMC St. Mary's Other _____

Name of Family Physician & Practice _____

Address: _____ Phone: _____

Do you have medical insurance covering your child? Yes No

If yes, please list the name of policy & ID# _____

1. Any current health conditions requiring medication, treatment, or special restrictions while at camp?

Yes No If yes, please specify: _____

2. Any chronic or long term illness?

Yes No If yes, please specify: _____

3. Any operations or serious injuries?

Yes No If yes, please specify: _____

Name any known allergies:		Explain reaction and medication used:
FOOD:		
MEDICATION:		
PLANTS:		
ANIMALS:		
OTHER:		

Does your child have any of the following?

Fainting spells Convulsions Stomach upsets Emotional problems Other _____

Does your child need to be administered medication while at camp? Yes No

If yes, please list the name of Medication(s) and dosage instructions: _____

*Prescription medication must be in the original pharmacy container with the original label attached; child's name, dosage and instructions must be legible. The medication must be turned into the Camp Office upon arrival at Camp and will be returned at the end of each day/week. Children may not take any form of medication on their own or keep medicines in their bags or pockets.

I hereby authorize camp staff to administer prescription medication(s) listed above.

I give permission to the camp staff to administer any standard CPR/First Aid as needed.

I give permission to the camp staff to administer sunscreen and bug spray as needed.

I understand I need to provide a record of immunizations, including date of last tetanus shot.

In case of a medical or surgical emergency, after every reasonable effort has been made to contact the parent or legal guardian, I hereby give my permission to the physician selected by the camp director to provide whatever emergency medical or surgical treatment is necessary. I authorize the camp staff to transport or obtain emergency transport.

Parent/Guardian Signature _____ Date ____/____/____



2021 CAMPER BEHAVIOR CONTRACT

Y SUMMER CAMP AT OLEC



PARENTS AND CAMPERS, READ & SIGN THIS STATEMENT

Parents/Guardians, please review the following behavior contract with your child. Ensure that they understand and must adhere to the terms of the contract at all times while at camp.

CAMP CHARACTER CODE

Developing and displaying positive character values is very important at the YMCA. Caring, Honesty, Respect and Responsibility are a large part of our commitment to offering a safe and exciting camp experience. It is important that our campers agree to live by our Camper Character Code while under our supervision.

We CARE for ourselves and those around us.
We earn each other's trust through HONESTY.
We RESPECT each other and the environment.
We are RESPONSIBLE for our own choices.

Each parent and camper must read and check off each of the statements below in acknowledgment of their agreement to abide by camp rules.

WHILE AT CAMP, I WILL:	WHILE AT CAMP, I WILL NOT:
<input type="checkbox"/> Show respect and kindness to other campers & staff.	<input type="checkbox"/> Fight, "rough house" or behave unsafely.
<input type="checkbox"/> Show responsibility by being helpful.	<input type="checkbox"/> Share/trade food with other campers.
<input type="checkbox"/> Be honest with other campers and staff.	<input type="checkbox"/> Threaten or bully other campers.
<input type="checkbox"/> Respect the property of camp and other campers.	<input type="checkbox"/> Take things that don't belong to me.
<input type="checkbox"/> Respect other people's feelings and differences.	<input type="checkbox"/> Use inappropriate language.
<input type="checkbox"/> Have fun and make it fun for others.	<input type="checkbox"/> Bring toys from home.

I have read and understood this Camper Behavior Contract, and agree to follow camp rules and honor the Camper Character Code. I understand that not following these rules will have consequences, which may include, but are not limited to:

- Sitting out activities
- One day dismissal from camp
- Permanent expulsion from camp

Camper Signature _____ Date ____/____/____

Parent/Guardian Signature _____ Date ____/____/____

*We CARE for ourselves and those around us.
We earn each other's trust through HONESTY.
We RESPECT each other and the environment.
We are RESPONSIBLE for our own choices.*



2021 PARTICIPATION AGREEMENT & PAYMENT POLICY Y SUMMER CAMP AT OLEC



PLEASE READ & SIGN THIS STATEMENT

I hereby enroll my child in the YMCA of Auburn-Lewiston summer camp program. In signing this application, I certify that he/she is healthy and free of problems that could adversely affect his/her stay or that of other campers.

PAYMENT, REFUND & CANCELLATION POLICY: I agree to pay the balance of camp fees TWO WEEKS prior to my child's scheduled session unless I am already regularly scheduled for Y child care. I understand that reserved space may not be held past the Friday before each week without full payment. Any registration made for a week already in session must be paid in full. No child may attend camp without full payment.

The \$35 deposit per session is not refundable for any reason. A refund of all paid funds minus deposits will be available if canceled TWO WEEKS prior to the start of the next session. No partial refunds will be made. All cancellations must be received in writing or via email. I understand that I am financially responsible for full payment each week regardless of my child's attendance.

The YMCA of Auburn-Lewiston only makes exceptions to this policy in the case of injury or illness, and a request for consideration must be accompanied by a doctor's note.

I understand in the event of injury or illness efforts will be made to arrange for my child to attend a more appropriate session, prior to considering a monetary refund.

I grant permission for the applicant to participate in all planned camp activities. Occasionally the YMCA of Auburn-Lewiston transports campers out of camp either by walking or via bus to participate in activities. By signing below, I hereby give my permission for my child to be taken off site, supervised, and to take part in programs with the YMCA of Auburn-Lewiston.

I hereby grant the YMCA of Auburn-Lewiston and its agents full authority to take whatever actions they deem necessary regarding my child's health and safety, and I fully release the YMCA of Auburn-Lewiston from any liability in connection there within. In the event of an emergency, I understand that prudent attempts will be made to contact the undersigned immediately.

I understand that I will be responsible for payment of all medical and medication bills. I will not hold The YMCA of Auburn-Lewiston, its officials, employees, or volunteers responsible for any injury to my child resulting from transportation to and/or from, and/or attendance in the regular weekly program or additional field trips.

I hereby give permission to the medical personnel selected by the YMCA of Auburn-Lewiston to treat my child to the best of their ability, to order X-rays, routine tests, treatment; to release any records necessary for insurance purposes; and to provide or arrange necessary related transportation for me/or my child.

In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the YMCA of Auburn-Lewiston to secure and administer treatment, including hospitalization, for my child.

The YMCA of Auburn-Lewiston is not responsible for lost, stolen, or damaged personal articles.

Continued on next page...



2021 PARTICIPATION AGREEMENT & PAYMENT POLICY Y SUMMER CAMP AT OLEC



I authorize the YMCA of Auburn-Lewiston to take and use photographs, slides, videotapes and comments of the person named in this application as needed in promotional materials and public relations programming. I fully understand that there is no monetary payment to be made to me or anyone for my child's appearance in said photographs or films. I hereby waive the right to inspect or approve any such telecast or published photographs, films, commercials, or the accompanying audio, print or electronic copy. I release the YMCA of Auburn-Lewiston, its officers, agents, employees, and volunteers from all debts, claims, and liabilities of any kind arising out of my child's appearance in the making or use of said photographs, films or videotape.

I understand that all registration forms and the Camper Code of Conduct must be filled out and returned to the YMCA of Auburn-Lewiston prior to my child's first week of camp in order for my child to attend.

I understand that my child must comply with the camp's rules and standards of conduct and that the organization may terminate my child's participation in the camp program without refund if he/she does not maintain these standards.

I individually and corporately agree to hold harmless the YMCA of Auburn-Lewiston, its volunteers, agents, employees and officers irrespective of any negligent act or omission by the YMCA of Auburn-Lewiston and/or those individuals arising from or related in any way to this YMCA of Auburn-Lewiston program.

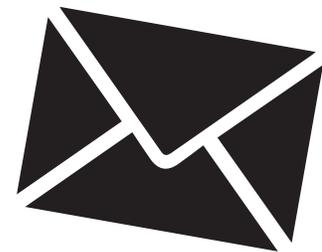
Parent/Guardian Print Name _____

Parent/Guardian Signature _____ Date ____/____/____

TO REGISTER:

MAIL your completed forms with deposit, or full payment, to:

YMCA of Auburn-Lewiston Summer Camps
c/o Camp Director
62 Turner Street
Auburn, ME 04210



Or VISIT www.alyymca.org/summer-camp to Register Online

PLEASE NOTE: Your child's Camp Registration is not complete until we receive your child's physical/immunization form and deposits.

QUESTIONS?

Call Jaime O'Connor at OLEC at 241-0075, or email joconnor@alyymca.org or camp@alyymca.org regarding Y Summer Camp at OLEC or the CIT Program.

